

# Clooney's put on **15lbs** since his wedding!

**H**E'S long been a Hollywood heartthrob, but George Clooney may soon lose his legion of female fans.

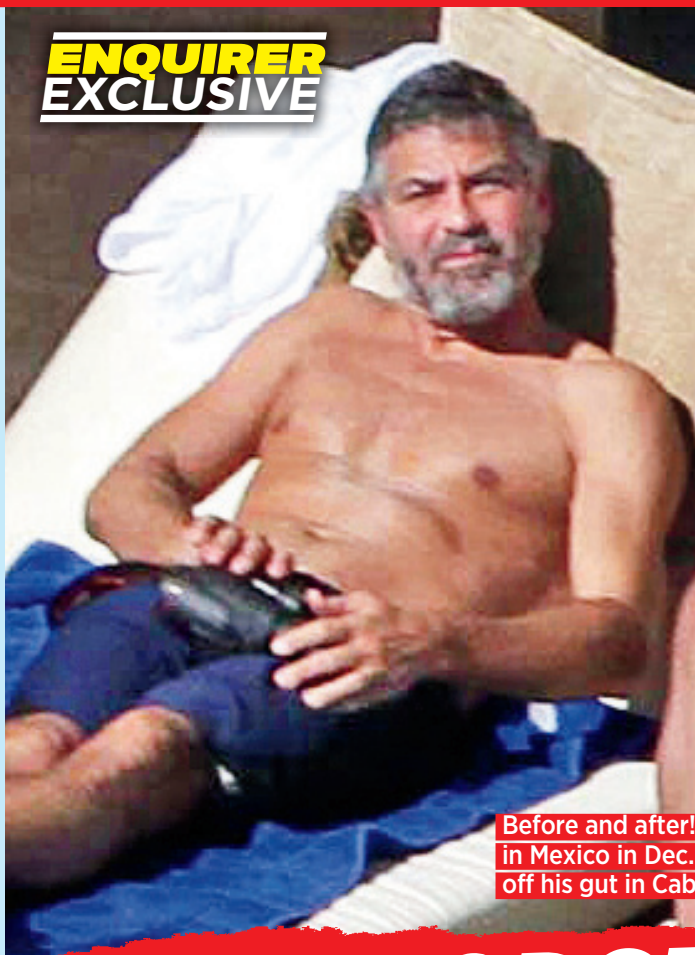
The 53-year-old actor was almost unrecognizable as he relaxed in Mexico with his new wife, Amal, on Dec. 29, and one would be forgiven for thinking that it wasn't even him.

George's stomach has been fighting "Gravity" since getting married - and fed-up Amal has put the star on a New Year's diet!

The formerly fit leading man has packed on 15 pounds since his September wedding, according to experts.

Amal, 36, is appalled by hubby's love handles - and The National ENQUIRER has

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Before and after! Left, George was fit and trim in Mexico in Dec. 2009; right, the star showed off his gut in Cabo San Lucas in Dec. 2014

# PUDGY GEORGE ORDERED TO **DIET** BY HIS WIFE!



learned she's taking serious steps to get back her handsome hubby!

"George realized he had to do something about it after Amal squeezed his waist and started patting his pudgy belly. She's even drawn up a diet plan for him - and she's told him that he needs to do more exercise and drink less," revealed a pal of the couple.

Dr. Victoria Karlinsky, a cosmetic surgeon, told The ENQUIRER: "Weight gain for men in their 50s is multifactorial. Genetics, sedentary

lifestyle, over-eating and over-drinking heavily contribute - anyone who's trying to lose weight must give up drinking alcohol almost completely to get the results they're looking for." But the insider said: "Giving up drinking completely for George could be a difficult task. After all, he owns his own tequila company."

George has also told pals he wants Botox to fill out his wrinkles, and has even talked about

taking some gray out of his hair. "Amal is young and beautiful, and he's scared that he looks like her dad when they are out together!" added the pal. "He knows he can't stay young forever. But he's determined to do whatever he can to hold back time - at least for a while."

- ### AMAL'S PLAN FOR GEORGE
- CUT THE CARBS
  - LESS FATTY MEAT
  - LESS DAIRY PRODUCTS
  - REDUCE THE BOOZE
  - CHOLESTEROL CHECKS

George and Amal tied the knot in Venice on Sept. 27, 2014